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Finally . . . a new Lakewood!

(See story page 3)
A grass-roots experience

Kids in the kitchen

By MAUREEN PURNELL
Public Information Staff Writer

They may never challenge Western's Viking autos in looks or competitions, but celery cars sporting carrot wheels recently generated lots of on-campus enthusiasm.

The occasion was the combining of two home economics classes, "Laboratory Experience with the Pre-School Child" and "Foods." Twenty-two Western students from the latter class, taught by assistant professor Janice Peach, and 15 local four- and five-year-old children from the Child Development Laboratory, directed by Dr. Marti Nelson, combined skills, imagination and youthful curiosity to turn out such culinary delights as peanut butter, baked apples, cheese fondue, milkshakes and those nutritional celery cars.

Split into groups

“We broke them into five groups, putting four students with three children,” Nelson explained. “Each group worked with a different kind of food—vegetables, fruits, cheeses and dairy products.”

Surprisingly, children in the "vegetable" group voiced no objections to working with such items as spinach, kale, mushrooms and carrots. Nor did any of them seem to envy the group making milkshakes.

“They cleaned and cooked some of the vegetables, learned about the differences in leaf, stem and root vegetables, made salad and stuffed hollowed mushrooms with peanut butter and cream cheese. They loved it, especially the kale and celery,” Peach said.

A second vegetable group heard a popular children's story about "Stone Soup" and even made some, using a variety of vegetables, along with shelling peanuts. They also learned how they grow and whipped up their own peanut butter in a blender.

Appropriate to work with

“Foods are really appropriate things for young children to work with,” Nelson added. “Adults learn about foods through printed or auditory means, but children learn about them through all their senses. They can taste, touch, see, hear and smell them. Also, working with foods is good for all types of development, whether it’s hand-eye coordination, learning to share materials, noting changes from raw to cooked states, finding out where foods come from or learning to experience quantity.”

Letting preschoolers share in food preparation might set the stage for better nutritional habits, too, the professors agreed.

Adults are often likely to let children help prepare sweet things,” Nelson noted, “but it’s just as easy and just as much fun to let a child help fix a vegetable or fruit salad as to frost cookies.”

SHAWCROSS VISITS — Cambodia's ills, manifested by spreading famine and fierce fighting between the North Vietnamese and the Khmer Rouge, were in part caused by a U.S. decision in 1969 to bomb that nation. That theme ran through a March 13 visit by distinguished British journalist and author William Shawcross, whose book, Sideshow: Nixon, Kissinger and the Destruction of Cambodia, reportedly caused the former Secretary of State to revise his own memoirs. Shawcross said he now is working on a book about famine.
Work begins on Lake Whatcom facility

Work was scheduled to begin in April on the long-awaited renovation of Lakewood, Western's student recreation area on Lake Whatcom.

The $550,000 project, in the planning stages off and on for nearly eight years, is scheduled for completion around the end of the year.

When completed, Lakewood will boast a new combination boathouse, caretaker's apartment, bath house and lounge. There also will be additional dock space and a restructuring of parking lots and pathways on the 10-acre site.

The existing caretaker's cabin, day lodge and boathouse will be torn down and replaced with the multi-purpose single structure.

Low bidder for the Lakewood project was J-I-J Construction Co., of Bellingham, with a bid of $477,325. An additional $80,000 has ben earmarked to purchase new equipment, including new boats, for the facility.

Five WWU researchers to spend summers studying Mt. Shuksan

Five WWU researchers will spend this summer and next studying Mt. Shuksan and its origins under a $60,000 grant from the National Science Foundation.

Principal investigator in the planned 2½-year study is Dr. Edwin Brown, professor of geology. Along with two graduate and two undergraduate students, he will begin field work this summer at Mt. Shuksan. camping, mapping and taking samples from various rock formations.

The project is officially listed as "Petrology, Structure and Geotectonic History of the Shuksan Metamorphic Suite, North Cascades, Washington."

"We are trying to understand the origins of rock found in the area," Brown said, "and identify its original nature—whether it was formed in an oceanic or a continental environment."

Brown said scientists already know that material forming Mt. Shuksan was metamorphosed, or changed, at tremendous depths, perhaps as much as 30 miles beneath the earth's surface.

Samples collected during fieldwork will be microscopically studied and compared with larger structures for identification.

In later work on the project, the researchers will attempt to correlate their findings with plate tectonic and continental drift theories to discover how the formations moved to their present site.

The study is expected to continue through July, 1982.

Croatian-American conference set for Anacortes

Washington's Croatian-American population will be the focal point of an upcoming day-long conference set for Saturday, May 17, in Anacortes.

The conference is titled "Our Balkan Pioneers: Washington's Croatian-Americans and Cultural Interaction." It is sponsored by the Department of History at Western and is supported in part by a grant from the Washington Commission for the Humanities, a state program of the National Endowment for the Humanities.

Activities will include panel discussions, exhibits of Croatian textiles and folk arts, a performance by the Vela Luka Dancers, photographs of early Croatian pioneer life and an optional wine-tasting party and dinner featuring local Croatian wines and foods.

Dr. Roland DeLorme, chairman of Western's History Department, is directing the conference.

Co-sponsors include the Anacortes Chamber of Commerce, Croatian Fraternal Union Lodge 1012, the Anacortes-based Vela Luka Dance Ensemble and the Anacortes Arts and Crafts Foundation.

For further information, contact the Western History Department at (206) 676-3456.
A woman being considered for a vice presidential job received an anonymously sent computer print-out of salary ranges for the position, allowing her to negotiate her salary intelligently. After she was hired, she arrived at the office to assume her new duties and found a vase of flowers waiting for her. The card read, "Congratulations from your..." and the mystery of the print-out was solved.

Receiving critical information from knowledgeable women is but one benefit of networking, according to Mary Scott Welch, author of Networking: The Great New Way for Women to Get Ahead. Welch, whose writings for and about women appear regularly in national publications, came to Western recently to lecture and present a networking workshop.

"A 25-year-old married woman can expect to work 34 years, while single and widowed women will probably work 41 years," Welch said. She noted, "While 43 million women work in the lowest paying, least gratifying jobs, the more you move up, the more lonely you'll be."

More than acquaintance

Networking, Welch told her audience, is more than just working women getting acquainted with one another.

"Networking can turn your life and self-image around, because the confidence and drive of dynamic women rub off," she said. "Also, through networking, you develop and build up contacts, trade information and advice and especially moral support."

A counterpart to what’s termed “the old boy’s network” through which males assist each other with their careers, networking for women tends to be more formal and organized than that practiced by men.

"Plug into as many different networks as you can find," Welch advised her audience. "Some are horizontal, consisting of women all at the same level, such as managers or department heads. Others are vertical, consisting of women from the bottom to the top of career levels. Directories of established coast-to-coast networks are now appearing, and one is contained in Welch’s book.

Welch had tips for women in networking, too.

'Take their advice'

"When you ask your women contacts for advice, take the advice they give. Don’t say, ‘that won’t work’," she told her audience. "Also, be sure to focus the questions you ask; be specific."

It’s important to be meticulous about getting back to women who give you job leads and other information, Welch said. She added, "Do deliver on your promises, too."

Welch advised women to set career goals for themselves “even though goal-setting makes women nervous. Figure out what your goal is five, 10, 20 years ahead and, if you don’t know what your goals are, use your network to find out.”

Welch cautioned her listeners against being afraid of “using” other people.

“In networking, you’ll discover you’re being used as much as you’re using. It’s a trade-off,” she said.

Winter sports review

Women’s basketball

An outstanding season came to a disappointing conclusion for the Western women’s basketball team as it reached the championship game of the AlAW Region IX Tournament before losing to host University of Idaho 68-56.

The Vikings, who finished with a 24-3 record (including a 15-game winning streak), went into the tourney as the number one seed. They had taken the Northwest Empire League title with a perfect 12-0 mark, including two victories over Idaho, and were ranked 11th nationally in the AlAW Division II poll.

Forward Jo Metzger (Jr., Everett), who holds the Western career point mark (1,360), led the team with an 18.1 scoring average.

Center Jan Johnston (Sr., Bellingham/Sehome) became the first player in Viking annals to go over the 1,000 mark in both career scoring (1,164) and rebounding (1,050). She averaged 14.6 points and 12.0 rebounds a game.

Guard Tamalyn Nigretto (Jr., Tacoma/Washington) established a new season assist standard of 233 (8.6 average), while averaging 12.7 points.

WWU women place four on all-star basketball team

Western’s Lady Viking basketball team placed four of its starting five on the six-person Northwest Empire League first-ever first team selected by the league coaches.

They are forwards Jo Metzger and Bonna Schibret, center Jan Johnston, and guard Tamalyn Nigretto. Metzger and Nigretto are juniors, and Johnston and Schibret seniors.

Rounding out the first team were two University of Idaho players, junior Willette White, guard; and freshman Denise Brose, center.

In addition, Metzger, Johnston and Nigretto were named to the AIAW (Division II) Region IX all-star squad.

Men’s basketball

For the third straight season the Western men’s basketball team reached the semi-final round of the NAIA District I playoffs before losing to nationally ranked Central Washington University 76-68.

The Vikings ended with an 11-15 record. It was only the second losing season for Chuck Randall (270-162) in his 17 years as coach at Western.

Forward Rohn McCoy (Sr., Los Angeles, Calif.) led the team in scoring (18.4 average) and rebounding (9.2 average). He was an honorable mention United Press International All-Coast and All-District selection, both for the second straight year.

Wrestling

The Western wrestling team completed its campaign with a 6-12 dual match record.

Leading Coach Harry Smith’s (third year, 21-26) squad was 158-pounder Todd Wilson (Fr., Vancouver/Fort Vancouver), who had a 13-7 mark.
Sexually active students rate themselves ‘sexier’ than peers

(This is the concluding article in a two-part series reporting the findings of a two-year study on teenage sexual activity and attitudes. The research was conducted by Western psychologists Dr. George Cvetkovich and Barbara Grote and was funded by a grant from the National Institute of Child Health and Human Development.)

Sexually active students, Cvetkovich and Grote reported, gave themselves high marks for their ability to communicate openly with the opposite sex. They also considered themselves “sexier” than the potential actives or militant virgins.

“But they indicated a willingness to exhibit risky behaviors which often are motivated by peer pressures,” Cvetkovich explained.

Among other findings by the researchers were:

- Most teens overrated the permanence of their sexual relationships.
- Couples having frequent sex are more likely to be protected by the birth control pill or intrauterine device (IUD), while those having infrequent sex are more apt to rely on the condom for protection.
- Protected females hold “more accepting and liberal attitudes” toward single women their age having premarital sex, either in committed or casual relationships.
- The researchers found that “those holding a more feminist view tend to be more liberal about premarital sex” and more likely to use the pill or an IUD if they are sexually active.
- Males who believe a pregnancy has “very negative consequences” for a teenage woman are more likely to use a condom for protection. A young male is highly likely to have used the condom if he holds a feminist sex role orientation.

“That is,” the psychologists added, “if he holds a view opposite to the idea that women are for the pleasure and satisfaction of men as wives, mothers and, presumably, sex partners.”

Since males often make the decisions about the use of contraceptives “at the first sexual encounter with an inexperienced partner,” the researchers noted, “they could especially benefit from informed discussions and programs on the social implications of sexual debut.

“Sex education programs should involve teenagers in considering individual and sex differences in reasons for sexual debut, the finding that early sexual debut does not often achieve the intended goal of adult identity, and alternative paths available to teenagers in reaching this goal.”

Cvetkovich and Grote, who are continuing research on this topic, favor creating or strengthening programs designed to give teens a deeper understanding of the motives and consequences of sexual behavior.

“When a teenager becomes actively involved in sexual decision-making, the information presented is more relevant,” they said. “Data suggest that students in such a class may tend to postpone their sexual debut.”

Nominations being sought for Excellence in Teaching awards

Nominations are now being sought from alumni, students and faculty for the 1979-80 Faculty Excellence in Teaching awards.

The two awards of $1,000 each are made possible each year by the Western Foundation. They are presented each year to a faculty member from the College of Arts and Sciences and a faculty member from the “cluster colleges” (Business and Economics, Fairhaven, Fine and Performing Arts, Huxley, and the School of Education).

Two selection committees, composed of an alumnus, students, dean of the college (rotates for “cluster college” committee) and last year’s recipients, will secure nominations, review candidates and designate award recipients.

No person may win more than one of the awards. Nominees will be asked if they wish to be candidates. Only the names of each award winner will be announced.

Faculty nominees of the College of Arts and Sciences should be sent to Dr. James Davis, Dean, College of Arts and Sciences, Old Main 310, WWU.

Faculty nominees of the cluster colleges should be sent to Dean Phil Ager, Fairhaven College, WWU.

The ballots must be received by April 30, 1980.

All nominations must be accompanied by a nominating ballot. Letters of evaluation or recommendation may be attached to the ballot.

Previous faculty winners include Gary Lampman, Farrokh Safavi, Robert Patton, Claude Hill, Sara Jeanne Gamlen, Americole Biasini, Flora Femmone and Eugene Hogan.

Nominating Ballot

Facultv Excellence in Teaching Awards, 1979-80

Name of Faculty Nominee for Teaching Award ________________________________

Name of Nominator _______________________________________________________

Address of Nominator (please print clearly)

(street) (city) (state) (zip)

Signature of Nominator ___________________________________________________

As nominator, please indicate if you are an enrolled student □, alumni □, or faculty member □.

Letter of recommendation or evaluation may be attached to this ballot.
Wilson Library Director Robert Lawyer (left) accepts a $2,000 check from John Sharpe, Consul General of Canada from Seattle (center), as Dr. Robert Monahan, director of Western's Canadian American Studies Program looks on. The money, presented on behalf of the Hon. Peter M. Towe, Canadian Ambassador to the U.S., will be used to purchase Canadian books for Wilson Library. The presentation took place in Canada House and is the second such grant provided to Western by Canada's Department of External Affairs.

Third annual Norman Bright Road Run scheduled for May 18

The Third Norm Bright Road Run, sponsored by the Western Alumni Association and Western's Associated Students, will be held at 1 p.m. Sunday, May 18, over the same 5.5-mile route that was used in 1979.

The annual foot race honors Western alumnus Norman Bright of Seattle, who at age 69 ranks high among master's-division runners. During his early career he held the American record for the two-mile run. Now suffering from failing vision, he requires the guidance of a cane or a friend as he continues to pursue his favorite sport.

The retired teacher and counselor has participated in Western's first two runs, setting a pace that left many younger runners gasping in his wake.

The route begins at the Western track, located at the intersection of 21st Street and West College Way. Looping through the lowlands of Happy Valley, the route returns to campus up 21st Street, whose 1.1-mile hill has become the hallmark of the race.

Ribbons will be awarded to winners in 14 age and sex divisions. The route will have one aid station, providing water and shade in the event of warm weather.

Registration is $5, which includes a commemorative T-shirt. The entry fee must be received by May 9. Entrants not wanting the shirt will be charged $2 and, while pre-registration is helpful in planning, day-of-race registrations will be accepted.

Checks payable to "Associated Students, WWU" should be sent to the Norm Bright Road Run, Alumni Office, Western Washington University, Bellingham, WA 98225.

Route maps and full particulars will be sent to all registrants. Those wishing additional information may write to Western's Alumni Office or phone (206) 676-3353.

Two social events honoring Brewster planned in May

Two social occasions are being planned in honor of Dr. Laurence Brewster, who is closing out his teaching career in June after 32 years at Western.

Colleagues and friends will be welcomed to a retirement tea hosted by the Department of Speech in the Staff Lounge, Old Main 490, from 3 to 5 p.m. Friday, May 9. A retirement dinner will be held in the Viking Union beginning at 6:30 p.m. Saturday, May 31. The price, which includes dinner, program and a gift donation, is $10 per person. Alumni are encouraged to write down and send in any recollections of Dr. Brewster's influence on their lives.

All of Professor Brewster's former students are invited to participate in both events. For additional information, contact the Speech Department at Western Washington University, (206) 676-3870.
Family Week at Western  
August 2 to August 10, 1980  
The who, what, where and how much

Who?
Except for children under age 3 and pets, Family Week at Western is for your family (couples with or without children and single-parent families).

What?
Family Week is several things:
- It's an inexpensive eight-day week of educational and recreational opportunities for every member of your family.
- If you live out of the Bellingham area, it's a way for you and your family to reserve a home-away-from-home from which each family member can do his or her own thing.
- If you live in the Bellingham area, it's a way for you and your family to take advantage of educational and recreational programs.
- If you're enrolled in Western's Summer Session, it's a way for your family to join you during the seventh week.
- Weekend excursions, morning workshops, sports, films, plays, a well-known speaker... eating, loafing (very important).

Where?
In an informal eight-day week that offers numerous options.
- In an attractive, furnished apartment at Western's Fairhaven College.
- On a 224-acre campus that approaches Sehome Hill and its Arboretum; that overlooks Bellingham Bay, the San Juan Islands and downtown Bellingham; and that has received national awards and recognition for its architecture and outdoor sculpture.
- In the great Pacific Northwest with its trees, water, beaches, islands and mountains.

How much?
The cost of your eight-day Family Week at Western depends upon your answers to four questions:
- How many family members will attend Family Week?
- What is the age of each one?
- Will you and your family live and eat at Western?
- Do you need a two-bed apartment or a four-bed apartment? (Each apartment has a couch that can accommodate a sleeping bag.)

Housing
Two-bed apartment ..............$ 74
Four-bed apartment ............$112

Meals
Children 3 to 6 years of age ..........$ 28
Adults and children over age 7 ......$ 56

Program fees
Children 3 to 5 (includes day care 8-5 Monday-Friday) ..........$ 25
Children 6 to 14 .................$ 30
Adults and teenagers 15 and older ...............$ 35

Deposit
$50 per family (non-refundable).
Balance of fees due before July 11, 1980.

Because the number of participants is limited by the number of apartments available, we urge you to reserve your family's place in Family Week by sending your deposit (payable to WWU) to Western's Summer Session Office.

For reservations or additional information about Family Week, contact Mrs. Janet Howard, Family Week Coordinator, Summer Session Office, Western Washington University, Bellingham, Washington 98225, phone (206) 676-3320.

Can you name the year?

Skirts were long, hair was short and themes were very much the order of the day. Friendship, orchids, television and the Gay 90s all were a part of the Western activities that year.

Spencer Hall’s skit and house display took top Homecoming honors and a big-name California band — Chuck Cabot’s — played at the Homecoming dance. Other celebrities coming to campus included “the world’s greatest trumpeter,” Rafael Mendez, Dave Brubeck and arctic explorer Paul Victor.

The Vik football team roared to a fourth-place spot in the Evergreen Conference, a feat echoed by Viking hoopsters. And, under the guidance of Richard Paige, Western’s Men’s Glee Club made its debut.

Last month’s answer: 1948-49.
'60 Gary Reul is employed in Olympia in the office of the Superintendent of Public Instruction in the division of instructional and professional services. He is a supervisor of basic education, student learning objectives and arts education.

'66 Nancy Long and Thomas Hoff were married in December in Bellingham. They are living in Tokyo where she is employed by the Department of Defense Overseas Schools.

'67 Gary Reul is employed in Olympia in the office of the Superintendent of Public Instruction in the division of instructional and professional services. He is a supervisor of basic education, student learning objectives and arts education.

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'67 Guy Hager is director of planning in Harford County, Maryland, and lives in historic Ellicott City . . . Conrad Goehr has been named the manager of the new Bothell Payless Northwest Store.

'70 Mr. and Mrs. S. Randall Newman are living in Omak where she teaches at Omak Cooperative Preschool. He is the log accounting supervisor for Crown Zellerbach Corporation.

'71 William F. Johnston has been hired by Ron Dotzauer, Democratic candidate for Secretary of State, as his state campaign manager. He is also vice chairman of the Board of Trustees at Skagit Valley College in Mount Vernon . . . William Lahmann is employed by the Washington Association of School Administrators as their program director. He previously taught in the Tumwater School District for five years, serving as the research analyst for the House of Representatives Education Committee for two years and has served as an intern with the U.S. Office of Education in Washington, D.C.

'72 Marsha Williams and Russ Haydon were married in October. She is a counselor at Peninsula High School in Gig Harbor.

'73 Diane Carlson and John Redenbaugh were married in Seattle in February and are living in Vancouver, Washington . . . Mr. and Mrs. James Giles (Sheila Harkleroad, '71) are living in Poulsbo. She is teaching at Poulsbo Elementary School in the North Kitsap School District after teaching for eight years in the Bellingham School District. She will begin her master's degree in children's literature at the University of Washington this summer. James is teaching math and coaching girls' athletics at North Kitsap Middle School in Poulsbo. He received his master's degree in school administration in June, 1979.

'74 Jan Van Wyk is a literature librarian at Seattle Public Library. Prior to October, 1979, he was a video/adult program services librarian in the media department of the Seattle Public Library.

'75 Kathy Kieslich and David Antisdel were married in December in Bellevue. They are living in Lomita, Calif., where she is employed with Waynes Coombs Agency in Rolling Hills Estates as an administrative secretary . . . Marty Paulson was transferred from the Bellevue office of Puget Power to the Bellingham office.

'75 W. M. McCormack has been employed by the U.S. Department of Agriculture in Rural Loan Programs as assistant county supervisor in Port Orchard and has been re-assigned as county supervisor in the Port Angeles office . . . John Harden attended graduate school in mental health administration at Northern Illinois University. He is currently a full-time consultant with the Joint Commission on Accreditation of Hospitals, Accreditation Program for Psychiatric Facilities in Chicago.

'75 Althea Dean is employed with a commercial design firm in Seattle . . . Vicky Banks has begun a program leading to a Juris Doctor degree at Western State University College of Law in San Diego.

'76 John D. McCormack has been employed by the U.S. Department of Agriculture in Rural Loan Programs as assistant county supervisor in Port Orchard and has been reassigned as county supervisor in the Port Angeles office . . . John Harden attended graduate school in mental health administration at Northern Illinois University. He is currently a full-time consultant with the Joint Commission on Accreditation of Hospitals, Accreditation Program for Psychiatric Facilities in Chicago.

'77 Althea Dean is employed with a commercial design firm in Seattle . . . Vicky Banks has begun a program leading to a Juris Doctor degree at Western State University College of Law in San Diego.

'78 Victoria Anderson is employed with Saga Food Corporation. Following a management training course, she was placed at Seattle Pacific College for further experience. Her travels have taken her to Dillon, Montana, and to Santa Barbara. She is currently food service director at Hawaii Loa College on the island of Oahu . . . Kay Jarvela and Robert Darby were married in December. They are living in Olympia where she is self-employed, producing custom art . . . Dave Lee is operations director at KFSK-FM, a non-commercial station in Petersburg, Alaska. He sends tapes in and out, is on the air about 15 hours a week, trains volunteers, checks the logs, and corresponds with record companies.

'79 Theresa Brusco and Alan Kehri were married in August on Puget Island. She is attending Western Washington University and he is employed as a fish culturist with the Washington State Fisheries . . . Debra Larsen and Jeff Fisher were married in August and are living in Bellingham . . . Peggy Sue Harrison and David G. Parker were married in December in Bellingham and are living in Hawthorne, Calif. . . . Connie Bunker and Larry Moran were married in January in Bellingham where they are living . . . Kristin Denney is employed as a digital computer cartographer for the Department of Natural Resources in Olympia.

**IN MEMORIAM**


'14 Bert Jones, June 1978.

'45 Irene Clark, February 1979, in Boise.

'59 William D. Wilkerson, November 1979, in Marysville.

**Former faculty/administrators**

Dr. Frederick Sargent, former provost at Western, died in Houston. He was connected with a medical school in Houston at the time of his death.

Ethel Church, former secretary to WWU presidents C. H. Fisher and W. W. Haggard, died March 5, 1980, at Sehome Convalescent Home in Bellingham. There will be a scholarship in her name in the English Department at Western.

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