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## Researchers List: Publications Relying on the Silencing the Self Scale and Theory

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## Researchers List: Publications Relying on the *Silencing the Self and Theory*

Updated 1.2020

### Publications on the self-silencing construct by Dana C. Jack:

*Silencing the self across cultures: Depression and gender in the social world.* (2010) Co-author, Alisha Ali. Oxford University Press. Awarded the Ursula Gielen Book Award by Division 52 (International Psychology) of the American Psychological Association, 2011, as “the book that makes the greatest contribution to psychology as an international discipline and profession.”

*Silencing the self: Women and depression.* Cambridge, Ma: Harvard University Press, 1991. Paperback, 1992, HarperCollins. Reviewed in the New York Times Book Review, The London Times Literary Supplement, Harvard Educational Review, Women’s Review of Books, Choice, The Boston Globe, The New Republic, Medical Humanities Review, Transactional Analysis Journal, News for Women in Psychiatry, Contemporary Psychology, Mirabella, and numerous others.

Translations:

*German:* 1993 Wilhelm Heyne Verlag, Munich. Transl: Ilse Utz

*French:* 1993 Le Jour; Sogides. Transl: Marie Perron

*Italian:* 1996 La Tartaruga edizioni, Milano. Transl: Bianca Piazzese

*Chinese:* 2000, for distribution in Mainland China.

Jack, D. C., Ali, A., Dias, S. (2014). Depression in multicultural populations. In Leong, Frederick T. L. (Ed); Comas-Díaz, Lillian (Ed); Nagayama Hall, Gordon C. (Ed); McLoyd, Vonnie C. (Ed); Trimble, Joseph E. (Ed), *APA handbook of multicultural psychology, Vol. 2: Applications and training. APA handbooks in psychology.*, (pp. 267-287). Washington, DC, US: American Psychological Association, <http://dx.doi.org/10.1037/14187-016>

Jack, D. C. & Astbury, J. (2014). Overcoming discrimination, persecution, and violence against women. In E. Mustakova-Possardt, M. Lyubansky, M. Basseches, and J. Oxenberg (Eds.). *Toward a Socially Responsible Psychology for a Global Era.* (pp. 207-229). New York: Springer.

Jack, D. C. (2011). Reflections on the Silencing the Self Scale and Its Origins. *Psychology of Women Quarterly* 35: 523-529, doi:10.1177/0361684311414824. ). Iinvited commentary/essay for Psychology of Women Quarterly, 35<sup>th</sup> year of APA Division 35, from authors of highly-cited PWQ articles as determined by an ISI Web of Science citation analysis.)

(2009). Grant, T.M., Jack, D.C., Fitzpatrick, A., Jull, P., & Ernst, C. Carrying the burdens of

poverty, parenting, and addiction: Depression symptoms and self-silencing among ethnically diverse women. *Community Mental Health Journal*, published October 16, online. DOI: 10.1007/s10597-009-9255-y, paginated journal publication to follow. Featured article on [www.MDLinx.com](http://www.MDLinx.com).

Jack, D. C. (2007). Depression in Nepalese women: Tradition, changing roles, and public health policy. Mark van Ommeren, co-author. Editor: Valentine Moghadam. *From Patriarchy to Empowerment: Participation, Rights, and Women's Movements in the Middle East, North Africa, and South Asia*. Syracuse University Press.

Jack, D. C. (2005). With Thomas Joiner, and R.A. Bernert. The bidimensional structure of suicidal symptoms in Nepal. *Archives of Suicide Research*, 9 (4)345-351.

Jack, D. C. (2003). The anger of hope and the anger of despair: How anger relates to women's depression. In J. Stoppard and L. McMullen (Eds.). *Situating sadness: Women and depression in social context*. New York University Press Series on Qualitative Studies in Psychology. Michelle Fine and Jeanne Marecek, Series Eds.

Jack, D. C. (1999). Silencing the self: Inner dialogues and outer realities. In T. E. Joiner & J.C. Coyne (Eds.). *The Interactional Nature of Depression: Advances in Interpersonal Approaches*. Washington, D.C.: American Psychological Association, pp. 221-246.

Jack, D. C. (1999c). Ways of listening to depressed women in qualitative research: Interview techniques and analysis. (1999). *Canadian Psychology*, 40#2, pp. 91-101. Special issue on Qualitative Research on Women's Depression.

Jack, D. C. & Dill, D. (1992). Silencing the self scale: Schemas of intimacy associated with depression in women. *Psychology of Women Quarterly*, 16(1): 97-106.  
DOI:10.1111/j.1471-6402.1992.tb00242.x

Jack, D. C. (1987). Female depression during adulthood: The interaction of social imperatives and the relational self," In R. Formanek and A. Gurian (Eds.), *Women and Depression, A Lifespan Perspective*. New York: Springer, pp.161-181.

Jack, D. C. (1987). Self-in-relation theory: Theoretical frameworks for depression in women. In *ibid.* pp. 41-45.

### **Publications on Women's Anger and Aggression by Dana C. Jack: Implications for the Self-Silencing Construct**

Jack, D. C. (1999a) *Behind the mask: Destruction and creativity in women's aggression*. Cambridge, MA: Harvard University Press.  
Paperback, 2000.

## Translations:

*Chinese, (Simplified characters)*, 2001. North Literature and Art Press for People's Republic of China.

*Chinese, (complex characters)*, 2002 or 2003. Hangzhong Publishing House of Taiwan.

----2003. Anger: That most unfeminine emotion. In Jessica Daniels (Ed.). *The complete mental health guide for women*. Boston: Beacon Press. Co-author: Lyn M. Brown.

----2001. Understanding women's anger: A description of relational patterns. *Health Care for Women International*, 22, 385-400.

----2001. Anger. In J. Worell (Editor-in-Chief). *Encyclopedia of Gender*. New York: Academic Press.

**Peer-reviewed journal articles by researchers who utilize the Silencing the Self Scale as a measure:**

Abrams, J.A., Hill, A., & Maxwell, M. (2019). Underneath the mask of the strong black woman schema: Disentangling influences of strength and self-silencing on depressive symptoms among U.S. Black women. *Sex Roles*, 80(9), 517-526.

Ahmed, F., & Iqbal, H. (2019). Self-silencing and marital adjustment in women with and without depression. *Pakistan Journal of Psychological Research*, 34(2), 311-330.  
<https://doi.org/10.33824/PJPR.2019.34.2.17>

Ali, A., Toner, B. B., Stuckless, N., Gallop, R., Diamant, N. E., & Gould, M. I., et al. (2000). Emotional abuse, self-blame and self-silencing in women with irritable bowel syndrome. *Psychosomatic Medicine*, 62, 76-82.

Ali, A., & Toner, B. B. (2001). Symptoms of depression among Caribbean women and Caribbean-Canadian women: An investigation of self-silencing and domains of meaning. *Psychology of Women Quarterly*, 25, 175-180.

Ali, A., Oatley, K. L., & Toner, B. B. (2002). Life stress, self-silencing and domains of meaning in unipolar depression: An investigation of an outpatient sample of women. *Journal of Social and Clinical Psychology*, 21, 669-685.

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### **Books, chapters and articles that rely on Silencing the Self Theory, partial listing**

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**Selected list of doctoral dissertations using the Silencing the Self Scale (not updated)**

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- Baker, J. O. (2002). *The importance of finding one's voice: Father hunger, self-silencing, and eating disorders*. Unpublished doctoral dissertation, University of Florida.
- Barclay, L. L. (2004). *The relationship of collectivist values orientation and psychological abuse from male partners to women's self-silencing and personality style*. Dissertation Abstracts International: Section B: The Sciences & Engineering, 65(6-B), 3143
- Belknap, R. A. S. (1997). *My freedom, my life: Voices of moral conflict, separations, and connections in women who have experienced abuse*. Unpublished doctoral dissertation, Wayne State University.
- Belliveau, J. M. (1999). *An evaluation of psychosocial models of depression in low income women*. Unpublished doctoral dissertation, University of New Brunswick, Canada.
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- Bruner, L. A. (1997). *The relationship of college women's self-silencing and safer sex behaviors*. Unpublished doctoral dissertation, University of Pittsburgh.
- Cawood, R. L. (1999). *Self in relationship in women who engage in disordered eating*. Unpublished doctoral dissertation, University of Florida.
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- Crothers, M. (2002). *The effects of mutuality patterns on depression, loneliness,*

*shame, silencing the self, relationship satisfaction, and attitudes towards counseling.* Unpublished doctoral dissertation, University of Nebraska at Lincoln, Nebraska.

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- DeMarco, R. (1997). *The relationship between family life and workplace behaviors: Exploring the gendered perceptions of staff nurses through the Framework of Systemic Organization.* Unpublished doctoral dissertation, Wayne State University.
- Drew, S. S. (1996). *Understanding women's depression: The roles of relationship loss and self-loss.* Unpublished doctoral dissertation, University of Florida.
- Farinon, L. (2000). *The relationship of anger, self-silencing and feminist consciousness to disordered eating symptomatology in women.* Unpublished doctoral dissertation, University of Toronto, Canada.
- Ferguson, M. R. (1999). *Silencing the self: Psychosocial determinants of depression in women.* Unpublished doctoral dissertation, The Union Institute.
- Fernando, R.,K. (2006). *A good woman: Silencing the self, rumination and depression in romantic relationships.* Unpublished doctoral dissertation, University of Otago, Dunedin, New Zealand.
- Fossum, J. L. (1997). *A correlational study of feminist/womanist identity development and depression in women.* Unpublished doctoral dissertation, University of Southern California.
- Funk, R.S. (2005). *Sexual harassment and disordered eating symptomatology in females: Objectification, silencing, and symbolic expression of self.* Unpublished doctoral dissertation, University of Georgia.
- Golden, G. M. (1998). *Women with voices: The relationship between adolescent females' attitudes toward menstruation, creative aggression, and maintenance of their voices.* Unpublished doctoral dissertation, California School of Professional Psychology – Los Angeles.
- Hennig, Karl H. (2000). *Mapping the care domain: Conceptualization, assessment, and relation to eating disorders.* Unpublished doctoral dissertation, University of British Columbia, Canada.

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- Lacour, M. A. M. (1998). *Creating a model to predict eating disturbances in women from the components of perfectionism and self-silencing*. Unpublished doctoral dissertation, Pennsylvania State University.
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- Margolis, D. N. (1998). *Culturally sanctioned violence against women: A look at attitudes toward rape*. Unpublished doctoral dissertation, Boston College.
- Marshall, M. A. (1996). *An examination of relationship factors and self-silencing in depression in women*. Unpublished doctoral dissertation, Temple University.
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- McConnell, C. A. (2001). *An object to herself: The relationship between girls and their bodies*. Unpublished doctoral dissertation, University of Wisconsin at Madison.
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- Murphy, J. (2003). *Silencing the self: Depression, oppression, and gender*. Unpublished doctoral dissertation, Alliant International University.
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### **International research with the STSS:**

- Australia (Helen Vidler, Melbourne, Jane Ussher)
- Bahamas (Shane Neely-Smith)
- Canada (A. Ali, J.M. Belliveau, J. M. Thompson and numerous others)
- Costa Rica (Mia Kosmicki)
- Croatia (Zvezdan Penezic, Professor, Dept. of Psychology, U. of Split, Zadar, Croatia and others)
- England (Johanna Haraldsdottir, University of Surrey, England; Laura Waddoups, Kingston University, London)
- France (Dr. Kamel Gana, University of Tours)

Germany (Dr. Tanya Zoellner)  
 Greece (James Koutrelakos, New York)  
 Finland (Airi Hautamaki, Professor, University of Helsinki, Finland, “Transmission of attachment and mentalizing across three generations.”)  
 India (Anjoo Sikka, Professor, University of Houston, Downtown)  
 Iran (Rajabi Gh, Malik Mohammadi F, Amanallahifar A, Sudani M., Shahid Chamran University of Ahvaz, Ahvaz, Iran)  
 Indonesia (Olphi Disya Arinda, Faculty of Psychology, Padjadjaran University; Maria Kristanti Dara, Faculty of Psychology Sanata Dharma University, Indonesia; Marthahesty Susilowati, anata Dharma University, Yogyakarta, Indonesia)  
 Iran: Sadegh Zamani  
 Ireland (Emer Sheahan, Health Psychology at the National University of Galway)  
 Japan (Shisei TEI, Dr. Med. Sci., Department of Psychiatry, Kyoto University Graduate School of Medicine)  
 Korea (Mi ran, Kim, Gyeongsang National University in South Korea, translation of the STSS and use in clinical research)  
 Mexico (Dr. Jorge Abia, Dr. Raphael Nunez)  
 Nepal (Dr. Nirakar Shrestha, Dr. Vidya Sharma, Usha Subba, Bindu Pokharel, Dana Jack)  
 Pakistan (Seerat Rauf, Fatima Jinnah Women University, Rawalpindi, Pakistan and numerous others)  
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 Puerto Rico ( Idalia Mendoza-Carrion, Guillermo Bernal, and others)  
 Romania (Puiu Vasilescu) (Alexandrina L. Dumitrescu, Carmen Beatrice Dogaru, Carmen Duta, Irina Zet, Liviu Zetu)  
 Rwanda (Mardge Cohen)  
 Scotland (Helen Kritsi, University of Glasgow)  
 Spain, (María García Jiménez, University of Seville)  
 South Africa (Sinenhlanhla S. Chisale, University of Pretoria;  
 Taiwan (Lynn Juang, National Hsinchu University of Education from Taiwan)  
 Turkey (Feliz Adebasi; Tugce Kurtis, Koc University, Istanbul, Turkey; Göncü, A. & Sümer, N. (see citation); Yasar Kuzucu, Adnan Menderes University, Faculty of Education, Department of Counseling & Guidance, Aytepe Mevkii, 09100, Aydin,)  
 Wales

The above list of international researchers represents people with whom I am corresponding. Since the scale has been translated into German, French, Italian, and Chinese as an appendix in the book, *Silencing the Self*, it is undoubtedly being used in international studies of which I am unaware.