**Plus One Rubric**

**Reflection:** A carefully reasoned examination and evaluation of experience, beliefs, and knowledge.

*Reflection uses an integrated approach which effectively combines cognitive and affective inquiry.*
- **A.** Complete description of previous beliefs, roles of self and others, and other significant contexts.
- **B.** Concepts, theories, or feelings addressed are integrated and directly related to practica (field) experience.
- **C.** Experience is examined through multiple (alternative) perspectives which clearly help to shape or reinforce understanding of current and future experiences.
- **D.** New questions or perspectives are compelling and grounded in experience.

**Reflective inquiry is attempted where cognition and affect are imbalanced or ineffectively integrated.**
- **A.** Incomplete description of previous beliefs, roles of self and others, and other significant contexts.
- **B.** Concepts, theories, or feelings addressed are not adequately integrated or related to practica (field) experience.
- **C.** Experience may be examined through more than one perspective; however, applicability to current and future experiences is incomplete.
- **D.** Some new questions and perspectives are addressed.

**Reflection relies solely on cognition or affect; an integrated approach is not evident.**
- **A.** Little to no description of previous beliefs, roles of self and others, or other significant contexts.
- **B.** Concepts, theories, or feelings are not addressed, not clearly integrated, and/or do not clearly relate to practica (field) experience.
- **C.** Experience is only examined through one perspective and is missing application to current and future experiences.
- **D.** Reflection does not explicitly lead to new perspectives or further questions.